How well does your home suit you?

Answer the questions in the following nine sections to say how satisfied you are with what your home provides. You can answer as many or as few as you wish.

When you’ve finished, turn over to summarise what’s most important to you about your home, and to see how we can help.

Section 1: Size and space

Too many rooms □ Too many possessions □
Rooms too large □ Property too small □
Garden too large □ Too few rooms □
Parking space □ Property too large □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for size and space overall □

Section 2: Independence

Fear of eviction □
Unable to live as you please □
Too much responsibility for your home □
Too dependent on your family □
Unable to keep pets □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for independence overall □

Section 3: Cost (Affordability)

Mortgage/rent □ Water □
Home maintenance □ Transport □
Home insurance □ Service charges □
Heating/hot water □ Help in your house □
Council Tax □ Garden maintenance □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for cost overall □

Section 4: Condition of Property

Roof □ Plumbing/drains □
Structure □ Dam □
Plastering □ Windows □
Wiring □ Doors □
Gas fittings □ Fences □
Water supply □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for condition overall □

Section 5: Comfort and Design

Does not feel like home □ Decoration □
Too cold □ Furniture □
Too dark □ Bath/shower □
Inconvenient layout □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for comfort overall □

Section 6: Security/Safety

Hazards (worn carpets, slippery surfaces, etc.) □ Feeling unsafe on stairs □
No help at hand (if you fell) □
No feeling of safety at home □
House not secure if out □
Poor fire precautions □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for safety overall □

Section 7: Location

Not convenient for shops □ Poor bus service □
Unfamiliar with/dislike the area □
Do not feel safe □
Problem neighbours □
Unhealthy environment □
Too noisy and stressful □
Too far from family □
Too far from friends □
Too far from help □
Too far from key facilities □
Litter and/or vermin □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for location overall □

Section 8: Managing

Housework □ Changing curtains □
Laundry □ Decorating □
Bathing/showering □ Gardening □
Shopping □ Stairs □
Cooking □ Having visitors □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for managing overall □

Section 9: Quality of Life

Unable to pursue your interests □
Too stressed □
Not enough human contact □
Considering moving because of reasons not covered in this questionnaire □

Are any of these causing you stress or affecting your health? Yes □ No □

Give a score out of 10 for quality of life overall □

Section 10: Summary

Please continue overleaf
Advice for older people

If you are not sure, this short questionnaire may help you decide.

3. Household
   How many people are there? 
   How many pets? 

4. Is it the present situation that concerns you, or how things may be?
   Present ☐ Future ☐ Both ☐

5. Is there one thing that is causing you most concern?

Please provide your contact details

Name: ____________________________

If you want us to phone you:
   Your phone number: ____________________________
   Your postcode: ____________________________

If you want us to reply in writing:
   Your full address: ____________________________

Post to:
Elderly Accommodation Counsel
FREEPOST LON15755
LONDON SE1 7YZ

Summary
Whether you stay living where you are, or decide to move, what aspects of your home matter most to you? Please mark your top three priorities as 1st, 2nd and 3rd.

Section | My Priorities
--- | ---
1. Size and space |  |
2. Independence |  |
3. Cost |  |
4. Condition of property |  |
5. Comfort and design |  |
6. Security |  |
7. Location |  |
8. Managing |  |
9. Quality of life |  |

Tell us about your home
Please tick (✓) as appropriate

1. Type
   Flat ☐  House ☐  Maisonette ☐  Bungalow ☐

2. Tenure
   Owner Occupied: ☐
   Rented from: ☐ Council ☐ Housing Association ☐ Private Landlord ☐ Other ☐

If relevant, which floor do you live on? ____________________________
Do you have a garden? Yes ☐ No ☐

How we can help
Elderly Accommodation Counsel (EAC) is a charity (Charity No.292552) that specialises in helping people live safely and well into older age. Our free FirstStop Advice Line is staffed by experts. We can help in 4 ways:

- **Post this questionnaire to us**
  We will consider the concerns you have flagged, and then telephone or write to you with our suggestions.

- **Use our online housing options ‘app’**
  [www.hoop.eac.org.uk](http://www.hoop.eac.org.uk) Enter your main concerns into it and the ‘app’ will offer suggestions, a selection of useful reading, and details of local services that may be of help.

- **Visit our website** [www.HousingCare.org](http://www.HousingCare.org) for pages of practical ideas, a directory of local services that might be useful, plus information about local retirement housing.

- **Call us free on 0800 377 7070** or email info@firststopadvice.org.uk to book a call with one of our Advisors (9am – 5pm weekdays).

**Confidentiality**
We will not share your information with anyone without your permission.

If you would like a large print version of this questionnaire please contact us on 0800 377 070

If you are not sure, this short questionnaire may help you decide.

65 plus?
How well does your home suit you?

If you intend to post this questionnaire to us

[Image of envelope and checkmark]

Post to:
Elderly Accommodation Counsel
FREEPOST LON15755
LONDON SE1 7YZ

[Image of hand holding a pen]